



# WOULD YOU OR YOUR STUDENTS BENEFIT FROM THE IRLLEN METHOD?

## FREE SEMINAR ON IRLLEN SYNDROME and METHOD

RSVP to Reserve Space by contacting:  
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[IrlenVLCMD@yahoo.com](mailto:IrlenVLCMD@yahoo.com)  
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**Presenter: Shoshana Shamberg, OTR/L, MS, Certified Irlen Diagnostician Occupational Therapist, Special Educator, and Certified Brain Gym Instructor**  
**Director: Irlen Visual Learning Center of MD located at Ruscombe Community Health CTR in Baltimore & Amen Clinic of DC in Reston, VA**

Twenty five years of **international, evidence-based research** has shown that perceptual stress and visual distortions can be the underlying roadblock causing reading, attention, cognitive, and other learning problems for many children and adults. Visual dyslexia, ADD/ADHD, TBI, stroke, chronic migraines/headaches, dysgraphia/handwriting problems, and anxieties may also result from visual stress and sensory processing dysfunction.

This problem is called **IRLLEN SYNDROME, or Scotopic Sensitivity Syndrome**. It can affect reading, copying, math computation, and academic performance as well as attention and comprehension resulting in underachievement, poor self regulation, and learning difficulties.

There is a solution. The **IRLLEN METHOD** uses colored overlays and spectral filters, worn as glasses, to eliminate the specific wavelengths of light which your brain cannot process correctly. When your brain can see right, there are immediate improvements in reading fluency, comprehension, and comfort so that children will read and enjoy reading. An 8 year old reader, improved 2 grade levels in reading fluency in one hour, using a specialized assessment and carefully selected Irlen color overlay. A 15 year old with severe anxiety and learning problems, improved in one month with spectral filters and continues to improve in all academic areas and mental health.

Thus, reading can become less like this...

Research over the last ten years has led to the discovery that some people have difficulties with perceptual distortions in their environment and on the printed page.

Research to using colour process

This problem is called the IRLLEN SYNDROME. It can affect reading, writing and as well as and in

lead to underachievement school.

ate suggests that allows the brain to visual information more actively. The IRLLEN METHOD is a patented treatment using coloured filters, worn as glasses, to reduce or eliminate perceptual difficulties. Thus reading can become less like this.

direct concentration, balance, co-ordination reading distance. It can thus

AND MORE LIKE THIS...